

# Reverse Hyper Contractive Inequalities:

What?

Why??

When???

How????

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# Hyper-Contractive Inequalities

The "noise" (Bonami-Beckner) semi-group on  $\{-1, 1\}_{\frac{1}{2}}^n$

Def 1:  $T_t$  is the Markov operator where the conditional probability of  $y$  given  $x$  is given by  $y_i = x_i$  with probability  $\frac{1}{2}(1 + e^{-t})$  independently for each coordinate

Def 2:  $T_t$  is the  $n$ 'th tensor of the operator  $T'_t$  on  $L^2(\{-1, 1\}_{\frac{1}{2}})$  defined by  $T'_t(f) = e^{-t}f + (1 - e^{-t})\mathbb{E}[f]$

Hyper-contractivity (Bonami, Beckner, Gross):

For  $f : \{-1, 1\}_{\frac{1}{2}}^n \rightarrow \mathbb{R}$ :

$$\|T_t f\|_p \leq \|f\|_q \text{ for } p > q > 1 \text{ and } t \geq \frac{1}{2} \ln \frac{p-1}{q-1}$$

# Why do we like Hypercontractive inequalities?

Hyper-contractivity (Bomani, Beckner, Gross):

For  $f : \{-1, 1\}_{\frac{1}{2}}^n \rightarrow \mathbb{R}$ :

$$\|T_t f\|_p \leq \|f\|_q \text{ for } p > q > 1 \text{ and } t \geq \frac{1}{2} \ln \frac{p-1}{q-1}$$

Boolean applications

Def:  $f : \{-1, 1\}^n \rightarrow \mathbb{R}$  is *Boolean* if  $f \in \{0, 1\}$

For Boolean  $f$ : relate Fourier decay  $\|T_t f\|_2^2 = \sum_S \hat{f}^2(S) e^{-2t|S|}$  to probability of events:  $\|f\|_q = \mathbb{P}[f = 1]^{1/q}$

Used in KKL88, Talagrand 94 and most papers in discrete Fourier analysis

## Other Discrete Spaces

What if  $f : \{0, 1\}_\alpha^n \rightarrow \{0, 1\}$ ?

What if  $f : \Omega^n \rightarrow \{0, 1\}$  for some discrete space  $\Omega$ ?

Many results in discrete Fourier analysis generalize easily given hyper-contractive estimates

## Bonami Beckner Noise for General Product Spaces

Setup:  $T'f = e^{-t}f + (1 - e^{-t})\mathbb{E}[f]$  and look at  $T'^{\otimes n}$

Probabilistic meaning: Markov Chain where each coordinate is de-randomized with probability  $(1 - e^{-t})$  independently

# Hyper-contractive estimates for discrete spaces

Oleszkiewicz 2003:

Formula for  $\Omega = \{0, 1\}_\alpha$  if  $p = 2 > q$  or  $p < 2 = q$

In particular as  $\alpha \rightarrow 0$ :

$$\|T_t f\|_2 \leq \|f\|_q \text{ iff } t \gtrsim \left(\frac{1}{q} - \frac{1}{2}\right) \ln(1/\alpha)$$

$$\|T_t f\|_p \leq \|f\|_2 \text{ iff } t \gtrsim \left(\frac{1}{2} - \frac{1}{p}\right) \ln(1/\alpha)$$

Wolff 2007:

Let  $\alpha = \min_{\omega \in \Omega} \mathbb{P}(\omega)$

As  $\alpha \rightarrow 0$ :

$$\|T_t f\|_p \leq \|f\|_q \text{ iff } t \gtrsim \left(\frac{1}{q} - \frac{1}{p}\right) \ln(1/\alpha)$$

# Reverse-Hyper-Contractive inequalities; What?

## Borell's reverse bound

Reverse-Hyper-Contractivity (Borell 85):

For all  $f : \{-1, 1\}_{1/2}^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \frac{1}{2} \ln \frac{1-q}{1-p}$$

# Reverse-Hyper-Contractive inequalities; What?

## Reverse-Hyper-Contractivity (Borell 85)

For all  $f : \{-1, 1\}_{1/2}^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \frac{1}{2} \ln \frac{1-q}{1-p}$$

Does this make sense?

# "Norms" when $p, q < 1$

## Reverse Minkowski inequality

If  $f$  is non-negative  $p < 1$  and  $T$  is a Markov operator then:

$$\|Tf\|_p \geq \|f\|_p$$

## Reverse Hölder inequality

If  $f, g$  are non-negative and  $p, p'$  are dual norms  $< 1$  then:

$$\mathbb{E}[fg] = \|fg\|_1 \geq \|f\|_p \|g\|_{p'}.$$

## Reverse-Hyper-contractivity (Borell 85)

For all  $f : \{-1, 1\}_{1/2}^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \frac{1}{2} \ln \frac{1-q}{1-p}$$



# Why? What? When?

## Reverse-Hyper-contractivity (Borell 85)

For all  $f : \{-1, 1\}_{1/2}^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \frac{1}{2} \ln \frac{1-q}{1-p}$$

Why is it true?

What is it good for?

Is it true for other discrete spaces?

# Why is it true? Borell's argument

## I. Tensor

From Reverse Minkowski suffices to prove for  $n = 1$

## II. Duality

From Reverse Hölder suffices to prove for  $0 < q < p < 1$

## III. Core of Proof

Write  $f(x) = 1 + ax$  where  $-1 < a < 1$

Taylor expand  $\|f\|_p^p$  and  $\|T_t f\|_q^p$  and compare terms

## Comment

Steps I. and II. are standard and general. Step III. is at the core of the proof

# Borell's argument continued

$$n = 1, \quad f(x) = 1 + ax, \quad a \in (-1, 1), \quad 0 < q < p < 1$$

$$\|f\|_p^p = 1 + \sum_{n=1}^{\infty} \binom{p}{2n} a^{2n}$$

$$\|T_t f\|_q^q = 1 + \sum_{n=1}^{\infty} \binom{q}{2n} e^{-2nt} a^{2n}$$

$$\text{By Convexity: } \|T_t f\|_q^p \geq 1 + \frac{p}{q} \sum_{n=1}^{\infty} \binom{q}{2n} e^{-2nt} a^{2n}$$

$$\text{Reduces to: } \frac{p}{q} \binom{q}{2n} e^{-2nt} \geq \binom{p}{2n}$$

$$\text{Or: } \frac{p}{q} \binom{q}{2n} \left(\frac{p-1}{q-1}\right)^n \geq \binom{p}{2n}$$

$$\text{Further reduces to: } (i - q)(1 - p)^{1/2} \leq (i - p)(1 - q)^{1/2} \text{ for } i \geq 2$$

# What is it good for?

## Correlated pairs (M-O'Donnell-Regev-Steif-Sudakov-05):

Let  $x, y \in \{-1, 1\}_{1/2}^n$  correlated as follows:

$x$  is chosen uniformly and  $y$  is  $T_t$  correlated version.

i.e.  $\mathbb{E}[x_i y_i] = e^{-t}$  for all  $i$  independently

Let  $A, B \subset \{-1, 1\}_{1/2}^n$  with  $\mathbb{P}[A] \geq \epsilon$  and  $\mathbb{P}[B] \geq \epsilon$

Then:  $\mathbb{P}[x \in A, y \in B] \geq \epsilon \frac{2}{1-e^{-t}}$

## Pf Sketch:

From Reverse Hölder and Borell's result get for any  $f, g > 0$ :

$$\mathbb{E}[g T_t f] \geq \|f\|_p \|g\|_q \quad \forall t \geq \frac{1}{2} \ln \frac{1-q}{1-p}$$

For  $f = 1_A, g = 1_B$  optimize norms  $p$  and  $q$

# What is it good for? Cosmic coin model

## Coin-Tossing Model

$k$  players want to toss the same coin

Each player gets a  $y^i$  that is  $\rho$  correlated with  $x \in \{-1, 1\}^n$ .

If  $f(y) \in \{0, 1\}$  is the coin toss then prob. of agreement is  
$$\|T_t f\|_k^k + \|T_t(1 - f)\|_k^k.$$

## Proposition (M-O'Donnell-Regev-Steif-Sudakov-05):

If  $f \in \{0, 1\}$  and  $\mathbb{E}[f] \leq 1/2$  then  $\|T_t f\|_k^k \leq k^{1-e^{2t}+o(1)}.$

## Comments

This is tight!

Proof uses reverse-hyper-contraction. Standard Hyper-contractivity gives a bound of  $\|T_t f\|_k^k \leq 0.5^{\frac{1}{\rho^2}}$

# Arrow Theorem

## Setup

3 alternatives  $a, b, c$  that are ranked by  $n$  voters.

Voter  $i$  preference of  $a$  vs.  $b$ ,  $b$  vs.  $c$  and  $c$  vs.  $a$  are  $x_i, y_i$  and  $z_i$

$(x_i, y_i, z_i) \in R := \{-1, 1\}^3 \setminus \{(1, 1, 1), (-1, -1, -1)\}$  for all  $i$ .

$f, g, h : \{-1, 1\}^n \rightarrow \{-1, 1\}$  aggregate the pairwise preference.

## Arrow's Theorem (51)

Let  $f, g, h : \{-1, 1\}^n \rightarrow \{-1, 1\}$  satisfying for  $b = \pm 1$ :  
 $f(b, \dots, b) = g(b, \dots, b) = h(b, \dots, b) = b$  (Unanimity).

Then either  $\exists i$  s.t.  $\forall x, f(x) = g(x) = h(x) = x_i$  or

$\exists x, y, z \in R^n$  s.t.  $f(x) = g(y) = h(z)$ .

# Arrow Theorem and Hyper-Contractivity

Reverse-hyper-contractivity is essential in recent quantitative proofs of Arrow's theorem by M-2011 and Keller-2011 following Kalai's paper (02) in the balanced case. For example:

Barbera's Lemma (82);

Let  $f, g, h : \{-1, 1\}^n \rightarrow \{-1, 1\}$  with  $I_1(f) > 0, I_2(g) > 0$

Then  $\exists x, y, z \in R^n$  s.t.  $f(x) = g(y) = h(z)$

Quantitative Barbera's Lemma (M-11)

Let  $f, g, h : \{-1, 1\}^n \rightarrow \{-1, 1\}$  with  $I_1(f) > \epsilon, I_2(g) > \epsilon$

Then  $\mathbb{P}[f(x) = g(y) = h(z) | (x, y, z) \in R^n] \geq \frac{\epsilon^3}{36}$

# Interest in Rev. Hyp contraction on other spaces?

## Motivation 1:

Lower bounds for  $\mathbb{P}[X \in A, Y \in B]$  for correlated  $X, Y$  in general product spaces

## Motivation 2:

Obtain bounds for "Cosmic Die Problem"

## Motivation 3

Prove Quantitative Arrow Theorem for non-uniform distributions over voters profile



# Hyper and Reverse-Hyper Contractive inequalities

## Reverse-Hyper-contractivity (Borell 85)

For all  $f : \{-1, 1\}_{\frac{n}{2}}^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \frac{1}{2} \ln \frac{1-q}{1-p}$$

## Hyper-contractivity (Bomani, Beckner, Gross):

For  $f : \{-1, 1\}_{\frac{n}{2}}^n \rightarrow \mathbb{R}$ :

$$\|T_t f\|_p \leq \|f\|_q \text{ for } p > q > 1 \text{ and } t \geq \frac{1}{2} \ln \frac{p-1}{q-1}$$

## Question

Is Hyper-Contraction equivalent to Rev.-Hyper-Contraction?

# Our Results (M-Oleszkiewicz-Sen-11)

## Our Result:

Let  $\Omega$  be an arbitrary space and let  $T_t$  be the corresponding Bonami-Backner semi-group. Then for all  $f : \Omega^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \ln \frac{1-q}{1-p}$$

# Our Results (M-Oleszkiewicz-Sen-11)

## Our Result:

For all  $f : \Omega^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \ln \frac{1-q}{1-p}$$

## Compare to Borell 82, Oleszkiewicz 03, Wolff 07

For all  $f : \{-1, 1\}_{1/2}^n \rightarrow \mathbb{R}_+$ :

$$\|T_t f\|_q \geq \|f\|_p \text{ for } 1 > p > q \text{ and } t \geq \frac{1}{2} \ln \frac{1-q}{1-p}$$

For all  $f : \{-1, 1\}_\alpha^n \rightarrow \mathbb{R}_+$  need  $t \gtrsim (\frac{1}{q} - \frac{1}{p}) \ln \alpha$ .

## Comments:

Note: inequality does not depend on underlying space!.

Sharper (but not tight) bounds are obtained in the paper

## Log-Sobolev and Rev. Hyper-Contraction

Let  $T_t = e^{-tL}$  be a general Markov semi-group. Suppose  $L$  satisfies 2-Logsob or 1-Logsob inequality with constant  $C$ . Then for all  $q < p < 1$ , all positive  $f$  and all  $t \geq \frac{C}{4} \log \frac{1-q}{1-p}$  it holds that

$$\|T_t f\|_q \geq \|f\|_p.$$

## Correlated Pairs

Let  $x, y \in (\Omega, \mu^n)$  correlated as follows:

$x \sim \mu^n$  and  $y$  is  $T_t$  correlated version where  $T_t = e^{-t(I-\mathbb{E})}$  is the Bonami-Beckner operator.

Let  $A, B \subset \Omega^n$  with  $\mathbb{P}[A] \geq \epsilon$  and  $\mathbb{P}[B] \geq \epsilon$ . Then:

$$\mathbb{P}[x \in A, y \in B] \geq \epsilon^{\frac{2}{1-e^{-t/2}}}$$

## Quantitative Arrow's Theorem

Obtain a quantitative Arrow theorem for voting distribution  $\mu^n$  where  $\mu$  is any non-degenerate distribution on  $\{-1, 1\}^3 \setminus \{(1, 1, 1), (-1, -1, -1)\}$ .

## Correlated Pairs

Let  $x, y \in (\Omega, \mu)$  correlated as follows:

$x \sim \mu$  and  $y$  is  $T_t$  correlated version where  $T_t = e^{-tL}$ , where  $L$  satisfies 1 or 2-LogSob inequality with constant  $C$

Let  $A, B \subset \Omega^n$  with  $\mathbb{P}[A] \geq \epsilon$  and  $\mathbb{P}[B] \geq \epsilon$ . Then:

$$\mathbb{P}[x \in A, y \in B] \geq \epsilon \frac{2}{1 - e^{-2t/C}}$$

## Glauber Dynamics for Ising model in High Temperatures in $[n]^d$ .

$$A = \{x : \text{Maj}(x) = +\}, \quad B = \{x : \text{Maj}(x) = -\}, \quad C = \Theta(1), \quad t_{\text{mix}} = O(\log n)$$

## Random-Transposition Card Shuffle

General  $A, B$ . We have  $C = \Theta(n)$ ,  $t_{\text{mix}} = \Theta(n \log n)$

## A queueing process

Take  $\{0, 1\}_{\frac{\lambda}{n}}^n$  with the Bonami-Beckner operator  $T_t$  and

$$X = \sum_{i=1}^n X_i.$$

As  $n \rightarrow \infty$ ,  $X \sim \text{Poisson}(\lambda)$  and  $T_t X$  is the following queueing process:

At  $[t, t + dt]$ : 1) Each customer is serviced with probability  $dt$ .

2) The probability of a new customer arriving is  $\lambda dt$

From our results if  $\mathbb{P}[A] > \epsilon$ ,  $\mathbb{P}[B] > \epsilon$  then

$$\mathbb{P}[X \in A, T_t X \in B] \geq \epsilon^{\frac{2}{1-e^{-t/2}}}$$

Process has infinite mixing time and 2-logSob. 1-logSob is known to be finite (Liming Wu 97)

# Proof Sketch

## Equivalence with Log-Sobolev inequalities

Using Equivalence of Log-Sob- $p$  inequality and Hyper/Rev-Hyper inequalities work with Log-Sob- $p$

## Main step: Monotonicity of Log-Sob

Log-Sob- $p \implies$  Log-Sob- $q$  for all  $2 \geq p > q \geq 0$

## Log-Sob-1 for simple operators

Show that Log-Sob-1 holds with  $C = 4$  for the semi-group  $e^{-t(I-\mathbb{E})}$

Also: Wu, Bobkov-Ledoux, Diaconis-Saloff-Coste



# Definition of logSob

## Standard Definitions

$$\text{Ent}(f) = \mathbb{E}(f \log f) - \mathbb{E}f \cdot \log \mathbb{E}f$$

$$\mathcal{E}(f, g) = \mathbb{E}(fLg) = \mathbb{E}(gLf) = \mathcal{E}(g, f) = -\frac{d}{dt}\mathbb{E}fT_tg \Big|_{t=0}.$$

## Definition of Log-Sob

$$p\text{-logSob}(C) \iff \forall f, \text{Ent}(f^p) \leq \frac{Cp^2}{4(p-1)} \mathcal{E}(f^{p-1}, f) \quad (p \neq 0, 1)$$

$$1\text{-logSob}(C) \iff \forall f, \text{Ent}(f) \leq \frac{C}{4} \mathcal{E}(f, \log f)$$

$$0\text{-logSob}(C) \iff \forall f, \text{Var}(\log f) \leq -\frac{C}{2} \mathcal{E}(f, 1/f)$$

## Notes

All functions are positive. Non-Standard normalization, 1-logSob  $\sim$  modified-logSob (Defined by Bakry, Wu mid 90s)

## Self-Dual Definition

For  $p \neq 0, 1$ :  $\mathcal{E}(f^{p-1}, f) = \mathcal{E}(g^{1/p}, g^{p'})$ ,  $g = f^p$

$$p\text{-logSob}(C) \iff \forall g, \text{Ent}(g) \leq \frac{C p p'}{4} \mathcal{E}(g^{1/p}, g^{1/p'})$$

$$\implies (p\text{-logSob}(C) \iff p'\text{-logSob}(C)).$$

## 1-logSob

Claim: If  $L = I - \mathbb{E}$  then  $L$  is 1-logSob(4).

$$\begin{aligned} \text{Ent}(f) &= \mathbb{E} f \log f - \mathbb{E} f \cdot \log \mathbb{E} f \leq \mathbb{E} f \log f - \mathbb{E} f \cdot \mathbb{E} \log f = \\ &= \mathbb{E} f (\log f - \mathbb{E} \log f) = \mathbb{E} f L \log f = \mathcal{E}(f, \log f). \end{aligned}$$

## Main Thm: Monotonicity

$$p\text{-logSob}(C) \implies q\text{-logSob}(C) \text{ for } 0 \leq q \leq p \leq 2$$

# Log-Sob Monotonicity

## Thm: Monotonicity

$$p\text{-logSob}(\mathcal{C}) \implies q\text{-logSob}(\mathcal{C}) \text{ for } 0 \leq q \leq p \leq 2$$

## Main applications

$p = 1, q < 1$  Gives  $I - \mathbb{E}$  satisfies Rev. Hyp. Contraction

$p = 2, q < 1$  Gives Hyp. Contraction  $\implies$  Rev. Hyp. Contraction

## Comments

$1 = q \leq p = 2$  is due to Gross ( $q > 1$ ), Bakry ( $q = 1$ ) etc.

Recall  $p\text{-logSob}(\mathcal{C}) \iff \forall g, \text{Ent}(g) \leq \frac{C_{pp'}}{4} \mathcal{E}(g^{1/p}, g^{1/p'})$

Using continuity at 0 and 1 suffices to show the following

# Comparison of Dirichlet forms

## Thm: Generalized Stroock-Varopoulos

For all  $p > q$  with  $p, q \in (0, 2] \setminus \{1\}$  and all  $g > 0$ :

$$qq'\mathcal{E}(g^{1/q}, g^{1/q'}) \geq pp'\mathcal{E}(g^{1/p}, g^{1/p'})$$

# Comparison of Dirichlet forms

Thm: Generalized Stroock-Varopoulos

For all  $p > q$  with  $p, q \in (0, 2] \setminus \{1\}$  and all  $g > 0$ :

$$qq' \mathcal{E}(g^{1/q}, g^{1/q'}) \geq pp' \mathcal{E}(g^{1/p}, g^{1/p'})$$

Proof based on the following Lemma (Exercise):

$\forall a, b > 0$ :

$$qq'(a^{1/q} - b^{1/q})(a^{1/q'} - b^{1/q'}) \geq pp'(a^{1/p} - b^{1/p})(a^{1/p'} - b^{1/p'})$$

$$\begin{aligned}
 & qq'(a^{1/q} - b^{1/q})(a^{1/q'} - b^{1/q'}) \geq \\
 & pp'(a^{1/p} - b^{1/p})(a^{1/p'} - b^{1/p'}) \implies a \rightarrow g + \text{apply } T_t \\
 & qq' T_t[(g^{1/q} - b^{1/q})(g^{1/q'} - b^{1/q'})] \geq \\
 & pp' T_t[(g^{1/p} - b^{1/p})(g^{1/p'} - b^{1/p'})] \implies \text{Rearrange}
 \end{aligned}$$

$$\begin{aligned}
 & qq'(a^{1/q} - b^{1/q})(a^{1/q'} - b^{1/q'}) \geq \\
 & pp'(a^{1/p} - b^{1/p})(a^{1/p'} - b^{1/p'}) \implies a \rightarrow g + \text{apply } T_t \\
 & qq' T_t[(g^{1/q} - b^{1/q})(g^{1/q'} - b^{1/q'})] \geq \\
 & pp' T_t[(g^{1/p} - b^{1/p})(g^{1/p'} - b^{1/p'})] \implies \text{Rearrange} \\
 & qq'(T_t[g] - b^{1/q} T_t[g^{1/q'}] - b^{1/q'} T_t[g^{1/q}] + b) \geq \\
 & pp'(T_t[g] - b^{1/p} T_t[g^{1/p'}] - b^{1/p'} T_t[g^{1/p}] + b) \implies b \rightarrow g
 \end{aligned}$$



$$\begin{aligned}
 & qq'(a^{1/q} - b^{1/q})(a^{1/q'} - b^{1/q'}) \geq \\
 & pp'(a^{1/p} - b^{1/p})(a^{1/p'} - b^{1/p'}) \implies a \rightarrow g + \text{apply } T_t \\
 & qq' T_t[(g^{1/q} - b^{1/q})(g^{1/q'} - b^{1/q'})] \geq \\
 & pp' T_t[(g^{1/p} - b^{1/p})(g^{1/p'} - b^{1/p'})] \implies \text{Rearrange} \\
 & qq'(T_t[g] - b^{1/q} T_t[g^{1/q'}] - b^{1/q'} T_t[g^{1/q}] + b) \geq \\
 & pp'(T_t[g] - b^{1/p} T_t[g^{1/p'}] - b^{1/p'} T_t[g^{1/p}] + b) \implies b \rightarrow g \\
 & qq'(T_t[g] - g^{1/q} T_t[g^{1/q'}] - g^{1/q'} T_t[g^{1/q}] + g) \geq \\
 & pp'(T_t[g] - g^{1/p} T_t[g^{1/p'}] - g^{1/p'} T_t[g^{1/p}] + g) \implies \text{Taking } \mathbb{E}
 \end{aligned}$$

$$\begin{aligned}
 & qq'(a^{1/q} - b^{1/q})(a^{1/q'} - b^{1/q'}) \geq \\
 & pp'(a^{1/p} - b^{1/p})(a^{1/p'} - b^{1/p'}) \implies a \rightarrow g + \text{apply } T_t \\
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 & qq'(T_t[g] - g^{1/q} T_t[g^{1/q'}] - g^{1/q'} T_t[g^{1/q}] + g) \geq \\
 & pp'(T_t[g] - g^{1/p} T_t[g^{1/p'}] - g^{1/p'} T_t[g^{1/p}] + g) \implies \text{Taking } \mathbb{E} \\
 & qq'(2\mathbb{E}[g] - 2\mathbb{E}[g^{1/q} T_t[g^{1/q'}]]) \geq \\
 & pp'(2\mathbb{E}[g] - 2\mathbb{E}[g^{1/p} T_t[g^{1/p'}]]) \implies
 \end{aligned}$$

$$\begin{aligned}
 & qq'(a^{1/q} - b^{1/q})(a^{1/q'} - b^{1/q'}) \geq \\
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 & qq'(T_t[g] - g^{1/q} T_t[g^{1/q'}] - g^{1/q'} T_t[g^{1/q}] + g) \geq \\
 & pp'(T_t[g] - g^{1/p} T_t[g^{1/p'}] - g^{1/p'} T_t[g^{1/p}] + g) \implies \text{Taking } \mathbb{E} \\
 & qq'(2\mathbb{E}[g] - 2\mathbb{E}[g^{1/q} T_t[g^{1/q'}]]) \geq \\
 & pp'(2\mathbb{E}[g] - 2\mathbb{E}[g^{1/p} T_t[g^{1/p'}]]) \implies \\
 & \text{Note that } t = 0 \text{ equality holds. Therefore} \\
 & \frac{d}{dt}|_{t=0} LHS \geq \frac{d}{dt}|_{t=0} RHS \implies \\
 & qq' \mathcal{E}(g^{1/q}, g^{1/q'}) \geq pp' \mathcal{E}(g^{1/p}, g^{1/p'})
 \end{aligned}$$

# Log-Sob $\iff$ (Rev) Hyper-contraction

## Log Sob $\implies$ Rev-Hyper-Contraction

Proposition:  $r$ -LogSob( $C$ )  $\implies \|T_t f\|_q \geq \|f\|_p$  for all  $f > 0$  and  $r' \leq q \leq p \leq r$  if  $t \geq \frac{C}{4} \log \frac{1-q}{1-p}$ .

## Proof Sketch

Assume:  $0 < q \leq p \leq r$

$$\text{Let } t(q) = \frac{C}{4} \log \frac{1-q}{1-p}, \quad t(p) = 0, \quad q^2 t'(q) = \frac{Cq^2}{4(q-1)}$$

Let  $\psi(q) = \|T_{t(q)} f\|_q$ . Note that  $\psi(p) = \|f\|_p$

$$\frac{d}{dq} \log \|T_{t(q)} f\|_q = \frac{\text{Ent}(f_{t(q)}^q) - q^2 t'(q) \mathcal{E}(f_{t(q)}^{q-1}, f_{t(q)})}{q^2 \mathbb{E} f_{t(q)}^q} \leq 0,$$

since  $q$ -logSob( $C$ ) holds which follows from  $r$ -logSob( $C$ ) in turn.  
The case  $r' \leq q \leq p < 0$  follows by duality. The remaining cases follow by taking limits, duality and composition

# Log-Sob $\iff$ (Rev) Hyper-contraction

Log Sob  $\implies$  Rev-Hyper-Contraction

$$\exists C, \|T_{\frac{C}{4} \log \frac{1-q}{1-p}} f\|_q \geq \|f\|_p \quad \forall 0 < q < p \leq r \implies r\text{-logSob}(C)$$

Remark

Similar results hold for hypercontractivity

# Open Problems

## Tighter values?

Find tight bounds for simple/general Markov operators

For simple operators we get  $\|T_t f\|_q \geq \|f\|_p$  for  $q < p \leq 0$  and  $t \geq \log \frac{2-q}{2-p}$  and also for  $0 \leq q < p < 1$  and  $t \geq \log \frac{(1-q)(2-p)}{(1-p)(2-q)}$

## Applications?

Applications of strong mixing properties of Markov-chains?

## Examples?

Are there examples where  $r$ -logSob holds while  $r'$ -logSob does not hold for  $0 < r < r' < 1$ ?