

# **Theoretical Statistics. Lecture 3.**

**Peter Bartlett**

1. Concentration inequalities.

## Review. Markov/Chebyshev Inequalities

**Theorem:** [Markov] For  $X \geq 0$  a.s.,  $\mathbf{E}X < \infty$ ,  $t > 0$ :

$$P(X \geq t) \leq \frac{\mathbf{E}X}{t}.$$

**Theorem:** Chebyshev's inequality:

$$P(|X - \mathbf{E}X| \geq t) \leq \frac{\text{Var}(X)}{t^2}.$$

## Review. Chernoff technique

**Theorem:** For  $t > 0$ :

$$\begin{aligned} P(X - \mathbf{E}X \geq t) &= P(\exp(\lambda(X - \mathbf{E}X)) \geq \exp(\lambda t)) \\ &\leq \frac{\mathbf{E} \exp(\lambda(X - \mathbf{E}X))}{\exp(\lambda t)} \\ &= e^{-\lambda t} M_{X-\mu}(\lambda). \end{aligned}$$

Hence,

$$\log P(X - \mu \geq t) \leq - \sup_{\lambda > 0} (\lambda t - \Gamma(\lambda)),$$

where  $\Gamma(\lambda) = \log M_{X-\mu}(\lambda)$  is the **cumulant generating function** of  $X - \mu$ .

## Example: Gaussian

For  $X \sim N(\mu, \sigma^2)$ ,  $M_{X-\mu}(\lambda)$  is

$$\begin{aligned}\mathbf{E} \exp(\lambda(X - \mu)) &= \frac{1}{\sqrt{2\pi\sigma^2}} \int_{-\infty}^{\infty} \exp(\lambda x - x^2/(2\sigma^2)) dx \\ &= \frac{1}{\sqrt{2\pi\sigma^2}} \int_{-\infty}^{\infty} \exp(\lambda^2\sigma^2/2 - (x/\sigma - \lambda\sigma)^2/2) dx \\ &= \exp(\lambda^2\sigma^2/2) \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} \exp(-(y - \lambda\sigma)^2/2) dy \\ &= \exp(\lambda^2\sigma^2/2),\end{aligned}$$

for the change of variable  $y = x/\sigma$ . Thus,

$$\begin{aligned}\log P(X - \mu \geq t) &\leq -\sup_{\lambda > 0} (\lambda t - \log M_{X-\mu}(\lambda)) \\ &= -\sup_{\lambda > 0} \left( \lambda t - \frac{\lambda^2 \sigma^2}{2} \right) \\ &= -\frac{t^2}{2\sigma^2},\end{aligned}$$

using the optimal choice  $\lambda = t/\sigma^2 > 0$ .

## Example: Gaussian

For  $X \sim N(\mu, \sigma^2)$ , it's easy to check that

$$P(X - \mu \geq t) \leq 0.5 \exp\left(-\frac{t^2}{2\sigma^2}\right) \leq P(X - \mu \geq t - \sigma).$$

Hence, for  $X_1, \dots, X_n \sim N(\mu, \sigma^2)$ ,

$$0.5 \exp\left(\frac{-n(t + \sigma/\sqrt{n})^2}{2\sigma^2}\right) \leq P(\bar{X}_n - \mu \geq t) \leq 0.5 \exp\left(-\frac{nt^2}{2\sigma^2}\right),$$

and so the Chernoff bound is tight:

$$\lim_{n \rightarrow \infty} \frac{1}{n} \ln P(\bar{X}_n - \mu \geq t) = -\frac{t^2}{2\sigma^2}.$$

## Example: Bounded Support

**Theorem:** [Hoeffding's Inequality] For a random variable  $X \in [a, b]$  with  $\mathbf{E}X = \mu$  and  $\lambda \in \mathbb{R}$ ,

$$\ln M_{X-\mu}(\lambda) \leq \frac{\lambda^2(b-a)^2}{8}.$$

Note the resemblance to a Gaussian:  $\lambda^2\sigma^2/2$  vs  $\lambda^2(b-a)^2/8$ . (And since  $P$  has support in  $[a, b]$ ,  $\text{Var}X \leq (b-a)^2/4$ .)

## Example: Hoeffding's Inequality Proof

Define

$$A(\lambda) = \log (\mathbf{E}e^{\lambda X}) = \log \left( \int e^{\lambda x} dP(x) \right),$$

where  $X \sim P$ . Then  $A$  is the log normalization of the exponential family random variable  $X_\lambda$  with reference measure  $P$  and sufficient statistic  $x$ .

Since  $P$  has bounded support,  $A(\lambda) < \infty$  for all  $\lambda$ , and we know that

$$A'(\lambda) = \mathbf{E}(X_\lambda), \quad A''(\lambda) = \text{Var}(X_\lambda).$$

Since  $P$  has support in  $[a, b]$ ,  $\text{Var}(X_\lambda) \leq (b - a)^2/4$ . Then a Taylor expansion about  $\lambda = 0$  (at this value of  $\lambda$ ,  $X_\lambda$  has the same distribution as  $X$ , hence the same expectation) gives

$$A(\lambda) \leq \lambda \mathbf{E}X + \frac{\lambda^2}{2} \frac{(b - a)^2}{4}.$$



## Sub-Gaussian Random Variables

**Definition:**  $X$  is **sub-Gaussian** with parameter  $\sigma^2$  if, for all  $\lambda \in \mathbb{R}$ ,

$$\ln M_{X-\mu}(\lambda) \leq \frac{\lambda^2 \sigma^2}{2}.$$

Note:

- Gaussian is sub-Gaussian.
- $X$  sub-Gaussian iff  $-X$  sub-Gaussian.

## Sub-Gaussian Random Variables

Note:

- $X$  sub-Gaussian implies

$$P(X - \mu \geq t) \leq \exp(-t^2/(2\sigma^2)),$$

$$P(X - \mu \leq -t) \leq \exp(-t^2/(2\sigma^2)),$$

$$P(|X - \mu| \geq t) \leq 2 \exp(-t^2/(2\sigma^2)).$$

## Sub-Gaussian Random Variables

Note:

- $X_1, X_2$  independent, sub-Gaussian with parameters  $\sigma_1^2, \sigma_2^2$ , implies  $X_1 + X_2$  sub-Gaussian with parameter  $\sigma_1^2 + \sigma_2^2$ .

Indeed, for independent  $X_1, X_2$ ,

$$\begin{aligned}M_{X_1+X_2} &= \mathbf{E} \exp(\lambda(X_1 + X_2)) \\ &= \mathbf{E} \exp(\lambda X_1) \mathbf{E} \exp(\lambda X_2) \\ &= M_{X_1} M_{X_2}.\end{aligned}$$

So  $\ln M_{X_1+X_2-\mu} = \ln M_{X_1-\mu_1} + \ln M_{X_2-\mu_2} \leq \lambda^2(\sigma_1^2 + \sigma_2^2)/2$ .

## Hoeffding Bound

**Theorem:** For  $X_1, \dots, X_n$  independent,  $\mathbf{E}X_i = \mu_i$ ,  $X_i$  sub-Gaussian with parameter  $\sigma_i^2$ , then for all  $t > 0$ ,

$$P\left(\sum_{i=1}^n (X_i - \mu_i) \geq t\right) \leq \exp\left(-\frac{t^2}{2\sum_{i=1}^n \sigma_i^2}\right).$$

e.g., for  $\mathbf{E}X_i = 0$ ,  $X_i \in [a, b]$ , we have  $\sigma_i^2 = (b - a)^2/4$  so

$$P\left(\frac{1}{n}\sum_{i=1}^n X_i \geq t\right) \leq \exp\left(-\frac{2nt^2}{(b - a)^2}\right).$$

## Sub-Exponential Random Variables

**Definition:**  $X$  is **sub-exponential** with parameters  $(\sigma^2, b)$  if, for all  $|\lambda| < 1/b$ ,

$$\ln M_{X-\mu}(\lambda) \leq \frac{\lambda^2 \sigma^2}{2}.$$

Examples:

- Sub-Gaussian  $X$  with parameter  $\sigma^2$  is sub-exponential with parameters  $(\sigma^2, b)$  for all  $b > 0$ .

## Sub-Exponential Random Variables

**Theorem:** For  $X$  sub-exponential with parameters  $(\sigma^2, b)$ ,

$$P(X \geq \mu + t) \leq \begin{cases} \exp\left(-\frac{t^2}{2\sigma^2}\right) & \text{if } 0 \leq t \leq \sigma^2/b, \\ \exp\left(-\frac{t}{2b}\right) & \text{if } t > \sigma^2/b. \end{cases}$$

## Sub-Exponential Random Variables

Proof: Assume  $\mu = 0$ . As before,

$$\begin{aligned} P(X \geq t) &\leq \exp(-\lambda t) \mathbf{E} \exp(\lambda X) \\ &\leq \exp\left(-\lambda t + \frac{\lambda^2 \sigma^2}{2}\right) \end{aligned}$$

provided  $0 \leq \lambda < 1/b$ . As before, we optimize the choice of  $\lambda$ . But now, it is constrained to  $[0, 1/b)$ . Without this constraint, the minimum occurs at  $\lambda^* = t/\sigma^2$ . So if

$$t/\sigma^2 < 1/b \iff t < \sigma^2/b,$$

we have

$$P(X \geq t) \leq \exp(-\lambda^* t + \lambda^{*2} \sigma^2 / 2) = \exp(-t^2 / (2\sigma^2)).$$

## Sub-Exponential Random Variables

If  $t$  is larger, the minimum occurs at  $\lambda = 1/b$  (since the function  $t \mapsto -\lambda t + \frac{\lambda^2 \sigma^2}{2}$  is monotonically decreasing in  $[0, \lambda^*]$ , which contains  $[0, 1/b]$ ). Substituting this  $\lambda$  gives

$$P(X \geq t) \leq \exp(-t/b + \sigma^2/(2b^2)) \leq \exp(-t/(2b)),$$

where the second inequality follows from  $t \geq \sigma^2/b$ .



## Sub-Exponential Random Variables

Examples:

- $X \sim \chi_1^2$  has

$$\begin{aligned}\mathbf{E} \exp(\lambda(X - 1)) &= \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} \exp(\lambda(z^2 - 1)) \exp(-z^2/2) dz \\ &= \frac{1}{\sqrt{1 - 2\lambda}} \exp(-\lambda)\end{aligned}$$

for  $|\lambda| < 1/2$ . And for  $|\lambda| \geq 1/2$ ,  $M_X(\lambda)$  does not exist, so  $X$  is not sub-Gaussian.

But it is easy to check that

$$\frac{1}{\sqrt{1 - 2\lambda}} \exp(-\lambda) \leq \exp(2\lambda^2)$$

for  $|\lambda| < 1/4$ . Thus,  $X$  is sub-exponential with parameters  $(4, 4)$ .

## Sub-Exponential Random Variables

Example:  $X$  variance  $\sigma^2$ , bounded:  $|X - \mu| \leq b$ .

$$\begin{aligned}\mathbf{E} \exp(\lambda(X - \mu)) &= 1 + \frac{\lambda^2 \sigma^2}{2} + \sum_{k=3}^{\infty} \lambda^k \frac{\mathbf{E}(X - \mu)^k}{k!} \\ &\leq 1 + \frac{\lambda^2 \sigma^2}{2} + \frac{\lambda^2 \sigma^2}{2} \sum_{k=3}^{\infty} (|\lambda|b)^{k-2}.\end{aligned}$$

And for  $|\lambda| < 1/b$ , this is no more than

$$\mathbf{E} \exp(\lambda(X - \mu)) \leq 1 + \frac{\lambda^2 \sigma^2}{2(1 - b|\lambda|)} \leq \exp\left(\frac{\lambda^2 \sigma^2}{2(1 - b|\lambda|)}\right).$$

## Sub-Exponential Random Variables

So if  $|\lambda| < 1/(2b)$ ,  $1 - b|\lambda| > 1/2$  and

$$\mathbf{E} \exp(\lambda(X - \mu)) \leq \exp(\lambda^2 \sigma^2).$$

Thus,  $X$  is sub-exponential with parameters  $(2\sigma^2, 2b)$ .

## Sub-Exponential Random Variables

**Theorem: [Bernstein]** For  $X$  bounded as above and all  $t > 0$ ,

$$P(X \geq \mu + t) \leq \exp\left(-\frac{t^2}{2(\sigma^2 + bt)}\right).$$

Proof:

We saw above that

$$\mathbf{E} \exp(\lambda(X - \mu)) \leq \exp\left(\frac{\lambda^2 \sigma^2}{2(1 - b|\lambda|)}\right)$$

for  $|\lambda| < 1/b$ . Setting  $\lambda = t/(bt + \sigma^2) < 1/b$  gives the result.

## Sub-Exponential Random Variables

Note:

- $\sigma^2 = \mathbf{E}(X - \mu)^2 \leq b^2$ , so this bound is always at least as good as Hoeffding's inequality. If the variance is small ( $\sigma^2 \ll b^2$ ), then it can be a large improvement. We'll see examples where this improvement is necessary to get optimal rates.

## Sub-Exponential Random Variables

Note:

- For independent  $X_i$ , sub-exponential with parameters  $(\sigma_i^2, b_i)$ , the sum  $X = X_1 + \dots + X_n$  is sub-exponential with parameters  $(\sum_i \sigma_i^2, \max_i b_i)$ .

Indeed, for  $\mathbf{E}X_i = 0$ ,

$$\begin{aligned} M_X(\lambda) &= \prod_i \mathbf{E} \exp(\lambda X_i) \\ &\leq \prod_i \exp(\lambda^2 \sigma_i^2 / 2) = \exp\left(\lambda^2 \sum_i \sigma_i^2 / 2\right), \end{aligned}$$

where the inequality holds provided  $|\lambda| < 1/b_i$  for all  $i$ .

## Sub-Exponential Random Variables

Hence,

**Theorem:** For independent  $X_i$ , sub-exponential with parameters  $(\sigma_i^2, b_i)$ , with mean  $\mu_i$ ,

$$P\left(\frac{1}{n}\sum_{i=1}^n(X_i - \mu_i) \geq t\right) \leq \begin{cases} \exp(-nt^2/(2\sigma^2)) & \text{for } 0 \leq t \leq \sigma^2/b, \\ \exp(-nt/(2b)) & \text{for } t > \sigma^2/b, \end{cases}$$

where  $\sigma^2 = \sum_i \sigma_i^2$  and  $b = \max_i b_i$ .