

Lecture 12

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1 Stein's method for concentration inequalities

The purpose of this lecture will be to prove the following theorem.

Theorem 1 *Suppose you have an exchangeable pair (X, X') of random objects. Suppose f and F are two functions such that*

$$(1) \quad F(X, X') = -F(X', X) \text{ a.s.; and}$$

$$(2) \quad \mathbf{E}[f(X, X') | X] = f(X) \text{ a.s.}$$

Let $v(X) = \frac{1}{2} \mathbf{E}[|(f(X) - f(X'))F(X, X')| | X]$. Then

$$(a) \quad \mathbf{E}[f(X)] = 0 \text{ and}$$

$$\begin{aligned} \text{Var}f(X) &= \frac{1}{2} \mathbf{E}[(f(X) - f(X'))F(X, X')] \\ &\leq \mathbf{E}[v(X)]. \end{aligned} \tag{1}$$

(b) *Suppose $\mathbf{E}(e^{\theta f(X)} | F(X, X')|)$ is finite for all θ . If B and C are constants such that $v(X) \leq Bf(X) + C$ a.s., then*

$$\mathbf{P}\{|f(X)| > t\} \leq 2 \exp\left(-\frac{t^2}{2Bt + 2C}\right). \tag{2}$$

$$(c) \quad \mathbf{E}[f(X)^{2k}] \leq (2k - 1)^k \mathbf{E}[v(X)^k] \text{ for all } k \in \mathbb{N}.$$

Exercise 2 *(You may be able to do this after the proof.)*

Extend (c) to all real $k > 1/2$. (We think that $(2k - 1)^k$ remains unchanged for $k \geq 1$ but are not sure for $1/2 < k < 1$.)

Proof: First, note that $\mathbf{E}[f(X)] = \mathbf{E}[F(X, X')] = 0$ since (X, X') is an exchangeable pair and F is antisymmetric.

Further, we will assume

$$\mathbf{E}[v(X)] < \infty \text{ for part (a); and} \quad (3)$$

$$\mathbf{E}\left[e^{\theta f(X)} |F(X, X')|\right] < \infty \text{ for all } \theta \text{ in part (b)}. \quad (4)$$

We start by showing (a).

$$\begin{aligned} \text{Var}f(X) &= \mathbf{E}[f(X)^2] \\ &= \mathbf{E}[f(X)F(X, X')] \\ &= \mathbf{E}[f(X')F(X', X)] \text{ since } (X, X') \text{ exchangeable} \\ &= -\mathbf{E}[f(X')F(X, X')] \text{ by antisymmetry of } F \\ &= \frac{1}{2}\mathbf{E}[(f(X) - f(X')) F(X, X')] \\ &\leq \mathbf{E}[v(X)], \end{aligned}$$

which proves (a).

(b): Let $m(\theta) = \mathbf{E}[e^{\theta f(X)}]$; then $m'(\theta) = \mathbf{E}[f(X)e^{\theta f(X)}]$. Write this as

$$\begin{aligned} m'(\theta) &= \mathbf{E}\left[F(X, X')e^{\theta f(X)}\right] \\ &= \frac{1}{2}\mathbf{E}\left[F(X, X')\left(e^{\theta f(X)} - e^{\theta f(X')}\right)\right] \end{aligned}$$

via the antisymmetry of F and the exchangeability of (X, X') .

We'll use the inequality

$$|e^x - e^y| \leq \frac{1}{2}|x - y|(e^x + e^y). \quad (5)$$

To see this, suppose $y < x$;

$$\begin{aligned} e^x - e^y &= \int_0^1 \frac{d}{dt} \left(e^{tx+(1-t)y} \right) dt \\ &= (x - y) \int_0^1 e^{tx+(1-t)y} dt \\ &\leq (x - y) \int_0^1 (te^x + (1-t)e^y) dt \text{ by Jensen's inequality} \\ &= (x - y) \frac{1}{2} (e^x + e^y), \end{aligned}$$

and similarly for $y \geq x$.

Now

$$\begin{aligned}
|m'(\theta)| &= \left| \mathbf{E} \left[F(X, X') e^{\theta f(X)} \right] \right| \\
&\leq \frac{1}{2} \left| \mathbf{E} \left[F(X, X') \left(e^{\theta f(X)} - e^{\theta f(X')} \right) \right] \right| \\
&\leq \frac{|\theta|}{4} \mathbf{E} \left[|F(X, X')| (f(X) - f(X')) \left(e^{\theta f(X)} + e^{\theta f(X')} \right) \right] \\
&\leq \frac{|\theta|}{2} \mathbf{E} \left[|F(X, X')| (f(X) - f(X')) e^{\theta f(X)} \right] \text{ by exchangeability of } (X, X') \\
&= |\theta| \mathbf{E} \left[v(X) e^{\theta f(X)} \right].
\end{aligned}$$

If $v(X) \leq Bf(X) + C$, then the above gives

$$\begin{aligned}
|m'(\theta)| &\leq |\theta| \left(B \mathbf{E} \left[f(X) e^{\theta f(X)} \right] + C \mathbf{E} \left[e^{\theta f(X)} \right] \right) \\
&= B|\theta| m'(\theta) + C|\theta| m(\theta).
\end{aligned}$$

Now, m is a convex function, with $\mathbf{E}[f(X)] = m'(0) = 0$ and taking the value $m(0) = 1$ at its minimum. Suppose $0 < \theta < 1/B$; then

$$m'(\theta)(1 - B\theta) \leq C\theta m(\theta).$$

Thus

$$\frac{d}{d\theta} \log m(\theta) = \frac{m'(\theta)}{m(\theta)} \leq \frac{C\theta}{1 - B\theta}$$

for $0 < \theta < 1/B$. Therefore,

$$\begin{aligned}
\log m(\theta) &= \int_0^\theta \frac{d}{dt} \log m(t) dt \\
&\leq \int_0^\theta \frac{Ct}{1 - Bt} dt \\
&\leq \frac{1}{1 - B\theta} \int_0^\theta Ct dt \\
&= \frac{C\theta^2}{2(1 - B\theta)}.
\end{aligned}$$

So, for $\theta > 0$,

$$\begin{aligned}
\mathbf{P}\{f(X) \geq t\} &= \mathbf{P}\left\{ e^{\theta f(X)} \geq e^{\theta t} \right\} \\
&\leq e^{-\theta t} m(\theta) \\
&\leq \exp\left(-\theta t + \frac{C\theta^2}{2(1 - B\theta)}\right) \text{ if } 0 < \theta < 1/B.
\end{aligned}$$

Taking

$$\theta = \frac{t}{C + Bt} \in \left(0, \frac{1}{B}\right),$$

we get the desired upper bound, and $\mathbf{P}(f(X) \leq -t)$ can be bounded similarly.

(c): Using a similar manipulation to that in the proof of (a),

$$\begin{aligned} \mathbf{E}\left[f(X)^{2k}\right] &= \mathbf{E}\left[f(X)^{2k-1}F(X, X')\right] \\ &= \frac{1}{2}\mathbf{E}\left[\left(f(X)^{2k-1} - f(X')^{2k-1}\right)F(X, X')\right]. \end{aligned} \quad (6)$$

Also, similarly to (5), we can show

$$\left|x^{2k-1} - y^{2k-1}\right| \leq \frac{2k-1}{2}|x-y|\left|x^{2k-2} + y^{2k-2}\right|.$$

Plugging this into (6), we get

$$\mathbf{E}\left[f(X)^{2k}\right] \leq (2k-1)\mathbf{E}\left[v(X)f(X)^{2k-2}\right].$$

Applying Hölder's inequality with $1/p = 1 - 1/k$ and $1/q = 1/k$ gives

$$\mathbf{E}\left[f(X)^{2k}\right] \leq (2k-1)\left(\mathbf{E}\left[f(X)^{2k}\right]\right)^{(k-1)/k}\left(\mathbf{E}\left[v(X)^k\right]\right)^{1/k}$$

and so

$$\left(\mathbf{E}\left[f(X)^{2k}\right]\right)^{1/k} \leq (2k-1)\left(\mathbf{E}\left[v(X)^k\right]\right)^{1/k}.$$

This completes the proof of (c). \square

Example 3 Suppose we have the Curie-Weiss model on n spins: for $\sigma = (\sigma_1, \dots, \sigma_n)$,

$$\mathbf{P}\{\sigma\} = \frac{1}{Z_\beta} \exp\left(\frac{\beta}{n} \sum_{1 \leq i < j \leq n} \sigma_i \sigma_j\right).$$

Let

$$m(\sigma) = \frac{1}{n} \sum_i \sigma_i.$$

Construct X' by taking one step in the Gibbs sampler (also known as the Glauber dynamics). Set $F(X, X') = \sigma_I - \sigma'_I$ where I is the updated index. Then

$$\begin{aligned} f(X) &= \mathbf{E}\left[F(X, X') \mid X\right] \\ &\approx m(\sigma) - \tanh(\beta m(\sigma)). \end{aligned}$$

We'll do this in the next lecture.